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Allergy-Free Craft Recipe: Rice Play Dough

Recipe Created By: Jennifer D.

Ingredients

1 1/4 cups rice flour
1/2 cup salt
2 tsp cream of tartar
1 cup water
1 Tbsp oil
1/4 tsp vanilla extract
food coloring or sparkles (optional)

Instructions

Mix flour, salt, and cream of tartar in a large pot. Add water and oil.

Cook over medium heat until the mixture pulls away from the sides of the pan (about 5 minutes), stirring constantly.

Add vanilla extract (for smell, not taste). Mix thoroughly. Put play dough on a clean surface. When cool enough to handle, knead lightly.

Store in airtight container.

Add food coloring to the water to make colored play dough. Add sparkles during the handmixing time for sparkly play dough.

Comments

Cream of tartar is not dairy.

Use dairy, soy, egg, corn, wheat and/or gluten free ingredients as needed.

This recipe is free of: Milk Peanut Egg Soy tree nut Corn